

The Program

The program offers opportunities to be involved in a range of activities in a safe and caring environment including:

- Outings/bus trips
- Music programs & entertainment
- Games to encourage physical & mental activity
- Guest speakers
- Arts & crafts to encourage creative skills and talents
- Social activities

Podiatry

A monthly Podiatrist service is available, appointments are required. Please telephone the office to arrange.

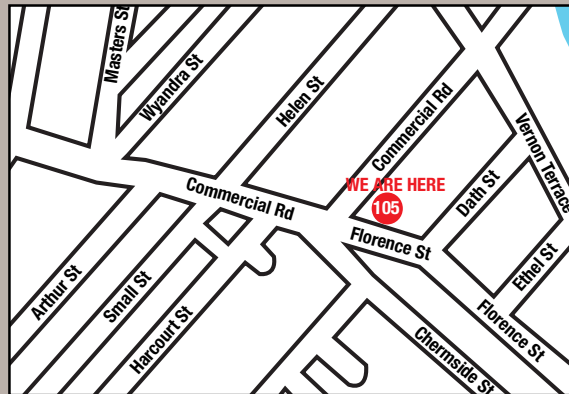
Friday Group

The program is designed to assist people with mental illness to develop friendships, new skills and enhance their capacity for living independently.

"There is such a feeling of warmth here, I feel cared for and safe."



P.O.BOX 735
New Farm QLD. 4005
tel 07 3252 3488
fax 07 3252 3688
admin@footprintsinc.org.au
www.footprintsinc.org.au
ABN 151 002 774 92



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Centre Based Activities



positive steps forward, every day

Footprints in Brisbane is a not for profit, incorporated, community based organisation which has been established for over 18 years.

What We Offer

- Access to community leisure activities
- Home cooked morning tea and lunch
- Transport to and from the centre

When

Centre based programs operate on Tuesday, Thursday and Friday from 9:00am to 3:00pm for eligible people residing in the catchment area.

Geographical Area Covered

- New Farm
- Albion
- Windsor
- Wilston
- Ascot
- Hamilton
- Fortitude Valley
- City
- Spring Hill
- Bowen Hills
- Newstead
- Teneriffe

Costs

A nominal fee is charged per day which includes morning tea, lunch and transport to and from the centre if required. Fees may be negotiated if there is financial hardship.

Referrals

A medical referral is not necessary and referrals may be accepted from family, friends, community services, health professionals or you can contact us directly.

☺ **Centre Based Activities Program**

☺ **Homeless Outreach Program**

☺ **Resident Support Program**

☺ **Community Aged Care Packages**

☺ **Resident Recovery Program**

☺ **Community Options Program**

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